

NEWSLETTER

EABC Membership and Benefits

Membership in EABC is divided into two sessions - Summer (May 1 thru Oct 31) and Winter (November 1 thru April 30). Benefits of membership include:

- Community with like minded biathlon enthusiasts.
- Access to the shooting range during scheduled training times. The Ethan Allen Firing Range and facilities are some of the best in the country and regularly used by the top US and Canadian biathletes.
- Use of club rifles on a shared basis while at the range. Ammo is provided at a nominal fee.
- Reduced race fees for summer and winter race series, special club races and clinics.
- Access to trails for running, skiing, and rollerskiing during scheduled training times.
- Access to the experience and knowledge of some of the best biathletes and coaches in the country.



Summer Race Series EABC holds a 6 race summer (running) biathlon race series on Thursday evenings throughout July and August. These races are open to beginners as well as experienced biathletes and include Sprint, Pursuit, Individual and sometimes Relay format for distances of 5 to 10 kilometers. Safety clinic, instruction and rifles are available for novices. Awards are given at the end of the series. Race dates: July 8, 15, 22 and August 5, 12, 19.

2010 North American Rollerski Biathlon Cup will be hosted by EABC on August 7th and 8th. These races attract some of the best biathletes in the country and are a great opportunity to watch current and future olympians compete. It is both a privilege and a challenge to host these races. It takes many volunteers to make this event a success. Please let us know if you can help out one or both mornings. Free event t-shirt for all volunteers.

VOLUNTEERS NEEDED!



Ethan Allen Biathlon Club is dedicated to promoting the sport of biathlon for all ages. In addition, our coaches are dedicated to the development and success of young athletes in the sport of biathlon on the local, national and international stage. With a world-class facility that is one of the best in the country situated right here in the Green Mountains of Vermont, we have a unique opportunity for attracting and training local athletes.

More News

Youth/Junior Biathlon Camps

One day introductory biathlon camps will be held on July 17th (Junior - ages 14 to 18) and July 18th (Youth - ages 10 to 13). The day will include safety, introduction to biathlon rifles, shooting position, trigger, range procedures, race strategies, shooting precision games, and a fun race. Lunch and t-shirt provided. 8:00 to 3:45 pm. Cost: \$30. Please pre register on the website.

Masters Shooting Clinics

Wednesday evening, June 30, 5:00 to 7:00 pm - 2 hour clinic with Algis Shalna, former U.S. National Team coach and Olympic gold medalist for all masters with current membership. Limited to 15 athletes. Clinic will include rifle fit, shooting position, trigger pull, target attack, breathing, and range procedures. Additional Masters clinics with guest coaches on July 14 and July 28.

Youth/Junior Summer Training

Summer training will begin the first week in May for all Youth and Junior athletes signed up for the session. Training will be on Mondays and Wednesdays from 5:00 to 7:00 pm with coach Eric Tremble. Training will be aimed at developing shooting skills, rollerskiing skills, range procedures, race strategy, as well as general fitness. No previous experience is necessary to participate. Rifles will be available to use during training and ammunition will be available at a nominal fee. The fee for this training is \$250 for the season.

Masters Training

Range will be available to Masters during the scheduled Youth/Junior training evenings 5:00 to 7:00 pm on Mondays and Wednesdays. Hoping to schedule more Masters clinics throughout the season depending on interest. Check website for schedule changes.

Calendar

May 3, 2010

Youth/Junior training begins

June 30, 2010

Masters Shooting Clinic

July 8, 2010

Summer Series Race 1

July 14, 2010

Masters Clinic

July 15, 2010

Summer Series Race 2

July 17, 2010

Junior Biathlon Camp

July 18, 2010

Youth Biathlon Camp

July 22, 2010

Summer Series Race 3

June 28, 2010

Masters Shooting Clinic

August 5, 2010

Summer Series Race 4

August 7 and 8, 2010

No. American Rollerski Cup

August, 12, 2010

Summer Series Race 5

August, 19, 2010

Summer Series Race 6

September 7, 2010

Fall Running/Mt. Bike Biathlon Race

EABC Tech T-Shirts coming soon!

Check out the website for updates, membership forms, race results, photos and more! www.eabiathlon.org



CONTACTS

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BOARD OF DIRECTORS

Karen Clark Bryan Schultz

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Ethan Allen Biathlon CLUB (“EABC”)
Application form: EABC Membership

EABC is a Non-Profit Organization dedicated to the development of athletes in the sport of Biathlon. All fees go toward the purchase of equipment, ammunition, coaching, travel, etc. Fees do not pay for the provision or maintenance of facilities at the Ethan Allen Firing Range. All Members may use the facilities on the Range for competitive training, subject to the following conditions:

- Members recognize that the Range is a government facility whose primary military purposes and those of the National Guard Biathlon Program take precedence. Use of the Range facilities is at the discretion and convenience of the National Guard and the National Guard Biathlon Program. No guarantee is given or implied that the Range facilities will, in fact, be available at any particular time or that they will be groomed, prepared or maintained to any particular standard;
- Members understand that they use the facilities entirely at their own risk;
- Members are required to carry their own insurance and to attest in writing that they do so;
- Team Members may only train at the Facility during regular team training sessions and under the supervision of designated Team coaches;
- Training or racing on the Range facilities is strictly confined to the designated biathlon trails.
- Members are required to sign the Vermont Army National Guard Hold Harmless agreement.

Name _____ M _____ F _____

High School or Club Affiliation _____

Address _____ DOB _____ Age _____

City _____ State _____ ZIP _____

Phone _____ E-mail _____

MEMBERSHIP CATEGORIES (please check one)

* Membership is paid by the season. The training year is divided into two seasons:
Winter (October 1st through April 30th) and Summer (May 1st through September 30th).

_____ MASTER/ADULT athletes age 20+: \$50 per season

_____ JUNIOR/YOUTH athletes under age 20: \$40 per season

_____ COMPETITIVE ATHLETE (any athlete receiving coaching assistance) \$250 per season.

Please make checks payable to:
EABC
PO Box 1012
Jericho Center, VT 05465